



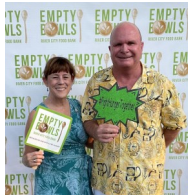
2022-23 Rotary Year  
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 President John Price  
 Editor – M. Barger



## RIVER CITY FOOD BANK

River City Food Bank helps alleviate hunger in Sacramento County by providing healthy, nutritious food to anyone in need. They started in 1968 as River City Community Services, originally located at St. Paul's Episcopal Church in downtown Sacramento. They moved to a more permanent building at 1322 27th Street in 1981. That building was destroyed by fire on October 21, 2010 but they were able to continue service with the support of the community and access to retail space provided by Sutter Medical Center. With raising enough funds, a new home was purchased at their current location, 1800 28th Street in Sacramento. River City Food Bank has expanded to a second site, St. Matthew's at 2300 Edison Avenue, Sacramento.

Now operating for more than 50 years, River City Food Bank is Sacramento's oldest continuously-serving food bank. Their philosophy has and will always be that "No one should be hungry." In 2022, the food bank provided 2,495,687 pounds of healthy food to 292,033 people facing hunger. PWR is happy to help.



## Meeting 29 Recap

Our 29th meeting of the 38th term opens with Gary introducing President John with the President's Song.



Lee Holmes led the pledge led and Larry Challis led the 4 Way Test. Our song is "Grand old Flag." Mike Bede provided the thought for the day. Paul Friedrich and Larry Challis rang the bell. Our Bowling



Bash on 3/25 is announced by Carl Naake. Roger Gilleland reminded everyone to attend the fireside chats. Rich Price solicited help to weed Brian's Garden this weekend. Lyndsay Burch announced a special opportunity for our members to attend a production at the B Street Theatre on March 10. Mike Bede discussed the River City Food Bank Food distribution events coming up. Desiree Wilson presented the newest Paul Harris fellowships to the members that have earned them. John Caselli and Mike Bede get their first PHF and many other PHF+ awards are given to multiple



other PWR members. Our speaker, introduced by John Caselli, is Bob Lamvik from SCORE, a volunteer business mentoring group. Mike Garcia spun the wheel and won Trail mix.



## PWR Bowling Bash

The annual PWR Bowling Bash is coming up on Sat., March 25. Drew Houghton is organizing and will have sign up information soon. Get those shoes shined and the balls polished. Come and take the Drewster down!

## Funny Caption Contest



The PWR Newsletter **Funny Caption Contest** for February still open. Be creative. Submit entries to the editor at [regrab2@gmail.com](mailto:regrab2@gmail.com)

## Calendar (PWR & D5180)

- Mar. 1—ClubRunner Essentials Training Webinar (online). Register at District 5180 site.
- Mar. 10—B Street Theater Tour and show. 9:30-11 AM.
- Mar. 22—Greer Encina Monthly Food Distribution. 1-3:30 PM. Check with Mike Bede.
- Mar. 25—PWR Bowling Bash. Country Club Lanes.
- May 5-7—District 5180 Conference

District 5180 events calendar link—<https://rotary5180.org/Events>

## PWR Meetings—

- Fridays, 7:30 AM at DPCC\* (+ Zoom)
  - Feb. 24—Andrea Haverland, Zookeeper turned Community Engagement Coordinator at Sacramento Zoo.
  - Mar. 3—Frank LaRosa, Golf and travel reporter Sports 1140 KHTK Sacramento. Golf writer and golf media consultant. Speaks on California Eagle Golf
- \*(unless indicated)